



# Richard Hawk Presents: Bring It On Home

Powerful Inspiration for Living a  
Safe and Healthy Life



## Overview

Now, more than ever, helping your employees live a safe and healthy life at home must be a significant part of your safety and health program.

According to the National Safety Council, “U.S. workers are safer on the job than in their homes or communities. More than nine out of ten deaths and 80% of medical injuries occur off the job. For every two workplace injuries, there are five off-the-job injuries”.

## Safer Habits at Home Lead to Safer Habits at Work

During this engaging and convincing keynote, both in-person and virtual, Richard Hawk moves audiences to change their day-to-day habits while they are away from the job. He offers practical, easy-to-remember tips and techniques to replace dangerous and unhealthy habits with behaviors for a safer and healthier life.

## 4 Ways “Bring It on Home” Will Improve Your Company’s Safety and Health Performance

1. **Reduced costs** as a result of **fewer injuries** and **fatalities** off the job
2. **Healthier employees**, which means **better performance** and reduced healthcare costs
3. A stronger feeling among employees that the **company truly cares** about them
4. A more **vibrant** and all-encompassing **safety culture**

## Audience

“**Bring It on Home**” provides valuable information for everyone in your organization. It is perfect for safety days or safety fairs where family members are included. Richard has experience in children’s theatre and would be happy to create a health and safety talk that will delight children too.

## Take Aways

Through poignant stories, personal examples and audience interaction, Richard inspires people to develop safe and healthy habits. He helps participants:

- ❑ Understand the real **risks of their daily habits** and learn how to **stop taking shortcuts**
- ❑ Realize they can **change** long-entrenched **habits** (just not all at once!)
- ❑ See the big picture of their **physical health** and how much it **affects** their **lifestyle**
- ❑ Learn new ways to get their **children** (yes, even **teenagers**) to **play and drive safely**
- ❑ Develop life-long habits that will decrease their risks and **improve their health**
- ❑ Grasp the **impact** of their **behavior on family, friends** and co-workers

## Format

Richard's programs are **lively and fun**, but they also include **practical activities**, tips and techniques that can be **applied immediately** within your organization. Each program is **tailored to your organization's specific needs and objectives**, including program length. Formats range from a 60-minute, high-energy keynote to a full-day interactive workshop.

## About Richard Hawk

It's rare to find someone who is both a safety professional and an entertaining speaker and trainer, but Richard fits the bill. While his depth of knowledge and extensive experience make for content-rich sessions (Richard spent 10 years as a safety professional in the Nuclear Industry), he also draws on his theater and music background to deliver presentations that are truly enjoyable.

Richard's expertise also comes from his interactions with thousands of leaders in hundreds of organizations in a wide array of industries, including energy, manufacturing, chemical, construction, healthcare, technology, retail, food services, transportation, government and education. He holds numerous safety and technical certifications from various organizations including the National Safety Council and stays on the leading edge of the safety industry. He has been a popular keynote speaker at the NSC's Annual Congress & Expo, the largest annual safety convention in the U.S.

Richard has a talent for connecting with people from diverse backgrounds. He has been a featured speaker at international conventions for Fortune 500 companies and presented to engineers and plant managers in India, CEO's from Canada and Japanese technicians with Westinghouse. His experiences as a union and nonunion employee, manager, safety leader and now successful business owner, give him the insight to relate to people at all levels, from employees to CEOs, truck drivers to scholars.

## Clients

Below are just a few of the many clients that have benefitted from Richard's presentations:

- American Society of Safety Engineers
- American Water
- Aquilex Hydrochem
- AstraZeneca
- Aventis Pasteur
- Constellation Energy
- DuPont
- ExxonMobil
- Georgia Power
- Sikorsky
- Montana State Fund
- Super Store Industries
- Dyno Nobel
- Gulfstream Aerospace
- Heinz Frozen Foods
- India Coal
- John Deere
- McNeil Consumer Healthcare
- NASA
- National Safety Council
- Nestle Purina
- Occidental Chemical
- Entergy Nuclear
- American Training Resource
- British Glass
- PA National Guard
- Pfizer
- Ralston Purina
- Raytheon
- Shell
- Suncor
- Sysco Foods
- Tropicana Products
- U.S. Air Force
- VPPPA

